

Virtual Medicine

When you're under the weather, there's no place like home. And when you're constantly on the go, scheduling a doctor's appointment can easily move down your priority list. Virtual medicine is a convenient and easy way to connect with a doctor on your time.



Sample Company provides a virtual medicine benefit through for you and your dependents. **Sample Carrier** offers on-demand access to board-certified doctors and/or other healthcare providers through online video, telephone, or secure email. **General health issues can be addressed at home for a copay of \$25 per consultation.** Virtual medicine is useful for after-hours non-emergency care, when your primary care doctor is unavailable, if you need prescriptions or refills or if you're traveling. Virtual visits aren't good for conditions requiring exams or tests, complex or chronic problems, or emergencies like sprains or broken bones.

Sample Carrier doctors can share information with your primary care physician with your consent. Please note that some states do not allow physicians to prescribe medications via telemedicine. For more information, visit **TBD**.

The first consultation is \$5 and following visits are \$25. For current users of TBD, all visits that occur during the plan year are \$25.



Sample Carrier and/or other healthcare providers doctors can assess and treat many medical conditions, including:

- Cold & flu
- Allergies
- Bronchitis
- Bladder infection/urinary tract infection
- Respiratory infection
- Pink eye
- Sore throat
- Stomachache
- Sinus problems

Access Virtual Visits

Visit www.samplecarrier.com to request a virtual visit. After you register and request an appointment, you'll pay your portion of the service costs and enter a virtual waiting room. During your visit, you can talk to a doctor and/or other healthcare providers about your health concerns, symptoms, and treatment options.

Virtual Mental Health

When your covered EAP services run out, the **Sample Medical Plan** covers behavioral and mental health services at 80% per visit. Coverage also includes virtual therapy from **Sample Virtual Vendor**. Via video or telephone, you can receive confidential 1-on-1 counseling from the privacy and convenience of your home. Your licensed virtual therapist may provide a diagnosis, treatment, and medication if needed. You can see the same therapist with each appointment and establish an ongoing relationship. See plan documents for specifics on coverage for inpatient and outpatient services, or visit www.samplemedical.com.

Note

A virtual visit directly with your primary care physician might also be an option — and typically costs the same as an office visit.